

# WYOMING STATE 4-H HORSE CAMP

## Camp Information

4-H Horse Camp is open to all Wyoming 4-H Club Members, Parents, 4-H Leaders, and Wyoming Extension Personnel. The educational programs presented at Horse Camp are designed to provide practical, hands-on training. The major emphasis of the camp is to improve safe riding and handling skills with exposure to halter showing and horse management.

Horse Camp will be held June 19-21, 2009 at the Wyoming State Fairgrounds in Douglas, WY. Registration is limited to 85 participants and is filled on a first-come, first-served basis. The **registration deadline is Friday, May 22, 2009.**

## Camp Objectives

All of the activities and presentations are designed to help accomplish the following:

- For the participants to enjoy themselves and have fun
- For the participants to learn and understand horse safety
- For the participants to enhance their horsemanship abilities
- To improve basic horse knowledge through skill-a-thons
- To improve the riding skills of 4-H Members, such as:
  - Saddling, bridling, basic seat, balance, control turn on haunches, forehand, collection, and lateral flexion

Special programs, announcements, and door prizes will be conducted at each meal. They will begin 30 minutes after the start of the meal and those not eating in the cafeteria should join the group for these presentations.

## Camp Safety

Safety is a major focus at all 4-H Events and will also be emphasized at Horse Camp. All participants will be expected to comply with all safety procedures at all times. Riding double, riding bareback, or riding with only a halter will not be permitted. Older campers are also expected to assist younger campers with all camp guidelines and safety procedures.

Campers should have equipment that fits and is in good repair. There is not a dress code, but it is suggested that campers wear appropriate clothing including boots, long pants, long-sleeved shirts, and a hat or helmet. The use of ASTM/SEI Approved Equestrian Safety Helmets is encouraged.

While it is not expected that each child will always have the perfect horse, for the safety of all campers, please send your child with a well-broke horse that he or she is capable of riding, handling, and is not afraid of. Horses that pose a safety hazard will be sent home. Stallions and mares with colts pose a severe safety hazard and are not permitted.

In an attempt to keep the ratio of campers to instructors/helpers low, we encourage help from parents regardless of their level of experience. A horse does not necessarily need to be present for all duties.

<b>NO ATV'S ALLOWED</b>
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### **Designated Chaperone**

While all youth are supervised during educational activities at camp, it is crucial that each participant has a designated chaperone for times when an activity is not taking place. Each participant is responsible for designating his/her own chaperone. The designated individual can be a parent or any other adult attending the camp that knows the child. If the participant is staying in the dorms, the designated chaperone should be the same gender and plan to stay in the dorms as well. *This is the person that will be contacted in the event of an emergency.*

All adults staying in the dorms must be successfully screened through the Wyoming Department of Family Services Central Registry. Screening information, details, and forms are available from your Local County Extension Office.

### **Horse Health and Travel Regulations**

While health papers are recommended, they are not required. Horses should be up-to-date on their annual vaccinations and it is recommended that flu and rhino shots be given prior to attending camp. Please check with your veterinarian regarding these shots. Sick horses will be sent home. Brand Papers are required when hauling a horse across county lines.

### **What to Bring**

It is not possible to list all of the items that you might need at Horse Camp, but the following list will get you started:

- Your horse and any specialty items it may require
- Saddle, bridle, blanket, and other required tack items
- Leg wraps and other horse care items
- Brushes, hose, spray nozzle, and other grooming supplies
- Buckets and/or pans for feeding and watering
- Feed and hay
- Bedding for your horse
  - Bags of wood shavings will be available at camp for \$6.00 per bag
- Pitchfork, rake, shovel, wheelbarrow, and other items required to clean your horse stall or stock trailer
- Personal items such as soap, toothbrush, towels, and etc
- Bedding items such as a pillow and sheets or sleeping bag
- Proper clothing, hat and/or helmet, and a coat or jacket
- Riding boots, rain/work boots, and other raingear
- Sunscreen is a must!!!!!!
- A pocket notebook and pencil are also recommended.

## **HORSE CAMP SCHEDULE** (Tentative)

### *Thursday*

5:00 pm Meeting & Orientation Session for Instructors followed by Dinner

### *Friday*

8:00-11:00 am Registration (Horse Show Office)

9:00-11:00 am Riding Evaluation of Horse Camp Participants

*Campers need to ride sometime during this two-hour time period in order to be evaluated and assigned to a group based on their ability.*

11:00 am-12 noon Demonstration (all participants)

12:00-1:00 pm Lunch in the cafeteria - announcements at 12:30

1:00-1:45 pm Demonstration (all participants)

1:45-2:00 pm Saddle and prepare horses

2:00-5:30 pm Group Educational Programs

5:30-5:45 pm Unsaddle and care of horses

5:45-6:45 pm Dinner in the cafeteria - announcements at 6:15

6:45-7:00 pm Saddle up and prepare horses

7:00-8:45 pm Group Educational Programs

8:45 pm Unsaddle and care of horses

9:30 pm In the dormitories

10:30 pm Lights out

### *Saturday*

6:30-8:00 am Breakfast in the cafeteria - announcements at 7:30

8:00-8:15 am Demonstration (All Participants)

8:15-8:30 am Saddle up and prepare horses

8:30- 12:00 noon Group Educational Programs

12:00-1:00 pm Lunch in the cafeteria - announcements at 12:30

1:00-2:15 pm Skills

2:15-2:30 pm Saddle up and prepare horses

2:30-4:45 pm Group Educational Activities

4:45-5:00 pm Unsaddle and care of horses

5:00-6:00 pm Dinner in the cafeteria - announcements at 5:30

6:00-8:45 pm Presentations

8:45 pm Care of horses

9:30 pm In the dormitories

10:30 pm Lights out

### *Sunday*

6:30-7:30 am Breakfast in the cafeteria

7:30-8:30 am Announcements and presentation of awards

8:30-9:00 am Pack clothes and clean dormitories (including bathrooms)

9:00-9:15 am Saddle up and prepare horses

9:15-11:15 am Group Educational Activities

11:15 am Clean stalls and grounds----Have a safe trip home

## **Registration**

The following registration packages are available for youth and adults attending Horse Camp:

*Package A – All-Inclusive registration: \$100.00*

Includes:

Stall fees for one (1) horse

Lodging for Friday and Saturday nights (dorms or campground)

Meals from lunch on Friday to Breakfast on Sunday

*Package B – Partial registration: \$80.00*

This package is appropriate for the following types of participants:

Meals, lodging (Fri.-Sun.), no horse

Meals, stall fees (Fri.-Sun.), no lodging

- You are welcome to bring additional horses and will be charged \$5.00 per horse per night for each additional stall needed.
- Lodging space and horse stalls will be available on Thursday night as well. Please indicate early arrival on your registration form.

Guests are welcome to visit Horse Camp! If you have a guest that would like to join you for a meal, the charges are as follows: \$5.00 for breakfast, \$7.00 for lunch, and \$10.00 for dinner.

Entry and registration is on a first-come, first-served basis. **The registration deadline is Friday, May 22, 2009.** For a registration to be accepted as *complete*, the following items must be returned to the Wyoming State 4-H Office:

1. Registration Form
2. Health/Participation Form
3. Registration Fees (Please make checks payable to the Wyoming State 4-H Foundation)

## **Refunds and Substitutions**

Substitutions are not permitted. Cancellation requests received at the State 4-H Office by the registration deadline will be refunded in full. Those requests received after the deadline may be eligible to receive up to half of the registration fee already paid. In the case of an emergency cancellation, please contact the State 4-H Office at 307-766-5170.

## **Need more information?**

Do you have questions about Horse Camp or need more information? Please contact:

Lindsey Moniz

Email: [lmoniz@uwyo.edu](mailto:lmoniz@uwyo.edu)

Phone: 307.766.3430

# Horse Camp Registration

Horse Camp is limited to 85 participants so get your registration sent in early! Registrations are accepted on a first-come, first-served basis.

Name \_\_\_\_\_ Gender \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ ZIP \_\_\_\_\_

T-Shirt Size: S M L XL  Yes, I will need a camping permit.

Participation Type: 4-H Member 4-H Leader Parent UW CES Personnel

Please circle your level of ability: Beginner Intermediate Experienced Advanced

Name of Designated Chaperone: \_\_\_\_\_  
*(See registration packet for more information)*

County 4-H Educator Signature: \_\_\_\_\_

	<b>Registration Fees</b>	<b>How Many?</b>	<b>Total</b>
<b>Package A – All Inclusive</b> (Fri.-Sun.) (stall, lodging, meals)	\$100.00	_____	_____
<b>Package B - Partial</b> (Fri.-Sun.) (stall & meals <u>OR</u> lodging & meals)	\$80.00	_____	_____
<b>Additional Horses</b> (Fri.-Sun.)	\$10.00	_____	_____
<b>Thursday</b>			
Lodging	\$10.00	_____	_____
Stall	\$5.00	_____	_____
<b>Additional Meals</b> (Guest Name: _____)			
Friday Lunch	\$7.00	_____	_____
Friday Dinner	\$10.00	_____	_____
Saturday Breakfast	\$5.00	_____	_____
Saturday Lunch	\$7.00	_____	_____
Saturday Dinner	\$10.00	_____	_____
Sunday Breakfast	\$5.00	_____	_____

**TOTAL DUE:** \_\_\_\_\_

*Make checks payable to: Wyoming State 4-H Foundation*

**Return this registration form to:**  
 Wyoming State 4-H Office  
 Lindsey Moniz  
 1000 E. University Ave., Dept. 3354  
 Laramie, WY 82071

**REGISTRATION DEADLINE: MAY 22, 2009**

\*Don't forget your Health/Participation form and registration fees along with this form!\*



Participation Agreement for State 4-H Activities

UNIVERSITY OF WYOMING

Dear Parent and Delegate:

The State 4-H Program is designed to provide exciting learning experiences for members. To insure a successful activity, the health, welfare, and participation of the delegates, the following expectations must be adhered to.

Youth from a variety of backgrounds and home situations participate in the 4-H program in Wyoming. Because they represent our total 4-H program and 20,000 4-H members, we want to be sure we have common expectations. Parent or guardian and delegate are to read and discuss the following expectations and sign the final agreement prior to participation.

- 1. Be a "good citizen" at all times: respect for others and the property of others is good citizenship. Delegates should conduct themselves as intelligent, responsible, and sufficiently mature individuals at all times. Respect the rights of others (listen; hear speakers at assemblies and workshops, etc.)
2. Participate in all scheduled activities of the program. Adequate free time and sleep time have been planned for. Therefore, you should have time and energy for the scheduled activities on the program.
3. Delegates are not to leave the event without consulting with both County and Activity Coordinator as well as informing Headquarters.
4. Delegates are to maintain "In Dorm" and "Quiet Hours" as assigned for the program
5. Delegates are expected to be prompt to all events, and in honoring "In Dorm" guidelines.
6. Delegates are expected to wear their name badges to all program events.
7. Use of, or possession of alcoholic beverages, tobacco products, drugs, or other controlled substances is prohibited at 4-H activities.
8. Parents or guardian shall designate a chaperone as supervisor and contact during times other than educational sessions.

Delegates and Parents are asked to review the above and sign the following agreement:

We understand that certain guidelines are necessary in order for all delegates to have an enjoyable and educational experience. We further understand that failure to abide by these guidelines will result in immediate dismissal from this event and/or a restriction of our participation in Wyoming 4-H programs in the future. The 4-H staff member in charge of the event will have the right to send home any delegate who does not live up to the rules as stated above. That staff member may consult with county coordinator, extension educator, or council member to determine what action is necessary.

We have read and understand the above expectations governing our participation in Horse Camp. We agree that these expectations are reasonable and will abide by them.

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Delegate's Signature \_\_\_\_\_ Date \_\_\_\_\_

Name of Chaperone \_\_\_\_\_ Date \_\_\_\_\_

STATEMENT OF ASSUMED RISK

The University of Wyoming recognizes 4-H as a means of providing participants with educational experiences and activities which are designed to meet the needs and interest of young people, and enable the participants to learn skills, make friends, and develop self-confidence and self-reliance. Although the University provides assistance and support to the individual 4-H clubs throughout the state, often volunteer supervisors from the local community are utilized to organize and coordinate the 4-H activities designed to teach the participants these skills. All new learning experiences can involve some risk of personal injury. It is the policy of the University that the parent/guardian of the young person understand the potential risks associated with their child's participation in 4-H and its activities.

I, the parent/guardian of a 4-H participant, acknowledge that I understand the risks of my child's participation in 4-H and its activities may include, but are not limited to, sprained muscles, broken bones, injury to other body parts of functions, death or serious bodily injury. I understand that the dangers and risks of participating in 4-H, 4-H travel and 4-H activities may result in not only serious injury, but in a serious impairment of my child's future abilities to earn a living, to engage in other business, social and recreational activities and generally to enjoy life.

Issued in furtherance of Cooperative Extension Work, acts of May 8 and June 30, 1914, with the U. S. Department of Agriculture, Glen Whipple, Director, Cooperative Extension Service, University of Wyoming, Laramie 82071.

Persons seeking admission, employment, or access to programs of the University of Wyoming shall be considered without regard to race, color, national origin, sex, age, religion, political belief, disability veteran status and marital or familial status.

**HORSE CAMP HEALTH STATEMENT & MEDICAL RELEASE**

To be filled out by parent or guardian. Please print legibly.

Member's name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Age \_\_\_\_\_ Male  Female

Parent / Guardian \_\_\_\_\_ Phone \_\_\_\_\_

If parents are not available in case of an emergency, please notify:

Name \_\_\_\_\_ Phone \_\_\_\_\_

The member was last examined by a physician (give approximate date): Month \_\_\_\_\_ Year \_\_\_\_\_

Did member have any of the following conditions within the past week? (Check all that apply)

Sore Throat \_\_\_\_\_ Head Cold \_\_\_\_\_ Chest Cold \_\_\_\_\_ Diarrhea \_\_\_\_\_ Other \_\_\_\_\_

Has the member been exposed to communicable disease within the last two weeks? Yes \_\_\_\_\_ No \_\_\_\_\_

Name of Disease \_\_\_\_\_

**HEALTH HISTORY – The above member has:**

Diabetes \_\_\_\_\_  
Mononucleosis \_\_\_\_\_  
(within year)  
Rheumatic Fever \_\_\_\_\_  
Hepatitis \_\_\_\_\_  
Migraines \_\_\_\_\_  
Hypoglycemia \_\_\_\_\_

Allergies (describe):  
Food \_\_\_\_\_  
Respiratory \_\_\_\_\_  
Medicines \_\_\_\_\_

Other diseases or details: \_\_\_\_\_  
\_\_\_\_\_

**A physician has advised:**

- a. to limit physical exercise      No \_\_\_\_\_      Yes \_\_\_\_\_      Explain \_\_\_\_\_
- b. to use a special diet      No \_\_\_\_\_      Yes \_\_\_\_\_      Explain \_\_\_\_\_
- c. to take or use special medication      No \_\_\_\_\_      Yes \_\_\_\_\_      Explain \_\_\_\_\_

In my capacity as \_\_\_\_\_ I hereby grant permission for \_\_\_\_\_  
(mother, father, guardian) (member's name)

to receive emergency medical care as a delegate to **Horse Camp** from **June 19, 2009 to June 21, 2009**. In the event such treatment is rendered, I understand any charges may be at my expense.

Parent's signature \_\_\_\_\_ Date \_\_\_\_\_